

# How to Recover a Document from Backup



**Data stored on your PC is not backed up.**

All data on the network is automatically archived several times a day and backed up each night.

## Data Recovery

[Recovering a Deleted File](#)

[Recovering an Overwritten or Corrupted File](#)

[Recovering a file that was never saved.](#)

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## Data Recovery

There are a few fundamental situations in which most users find themselves at one time or another when working with documents.

- Forgetting to save work
- Accidental file deletion
- Accidentally overwriting a file
- File corruption.

### Recovering a Deleted File

1. Navigate to the folder in which the deleted file had been stored.
2. Position the cursor over a blank space in the folder. If the cursor hovers over a file, that file will be selected.
3. Right-click the mouse and select [Properties] from the bottom of the menu. Select the [Previous Versions] tab.
4. Select the version of the folder that contains the file before it was deleted, and then click [Open/View].
5. View the folder and [select the file] that will be recovered.
6. Drag and drop, or cut and paste, the shadow copy to the desktop or folder on the end user's local machine.

### Recovering an Overwritten or Corrupted File

1. Right-click the overwritten or corrupted file and click [Properties].
2. Select [Previous Versions].
  - If you want to view the old version, click [View].
  - To copy the old version to another location, click [Copy].
  - To replace the current version with the older version, click [Restore].

### Recovering a file that was never saved.

Contact the [ [HELPDESK](#) ]. More often than not, the file is lost. In limited circumstances we may be able to help.

## Related articles

- [How to Recover a Document from Backup](#)